

## After Care- Dental Crowns

After getting a dental crown, proper aftercare is crucial for maintaining its longevity and your oral health. Here are some essential guidelines:

### 1. Provisional Dental Crowns:

- These are more fragile than definitive crowns.
- If your provisional crown comes off or gets damaged, visit your dentist immediately to get it fixed.
- Do not wait until your next appointment, as it may affect the fit of the definitive crown.

### 2. Definitive Dental Crowns:

- Definitive crowns are tough and durable, similar to natural teeth.
- After placement, the cemented crown may take 24 to 48 hours to set completely.
- After 2 days, you can start eating normally.
- Maintain good oral hygiene by regular brushing, flossing, and using mouthwash.
- Visit your dentist for regular evaluations.

### 3. Avoid the Following:

- Eating solid food immediately after crown placement.
- Chewing from the side of the crown before the cement sets.
- Consuming hard and crunchy foods within a few days after the procedure.

